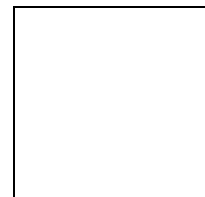
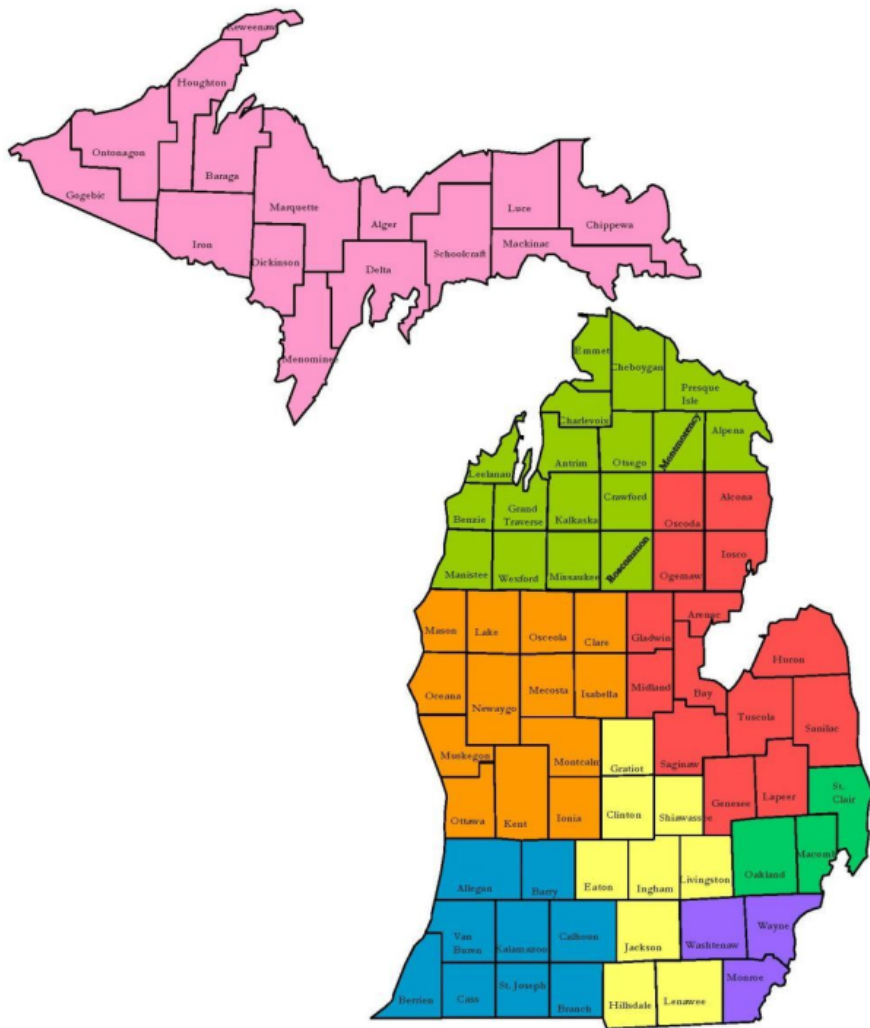


Region 6 Injury Prevention Programs Resource Guide 2022



Region 6 Injury Prevention Programs Resource Guide

Injury prevention is a vital and required component of a trauma system. Region 6 Injury Prevention Committee have established a guide of evidence-informed programs available to the public throughout the region. Below is a compiled list of the types of injury prevention programs available. On subsequent pages, the names of specific programs, the program purpose, and the hospital or community program contact information is listed.

- Alcohol/Substance Abuse
- Baby Safety
- Boating Safety
- Brain and Spinal Cord Injury Prevention
- Bullying Prevention
- CPR
- Distracted Driving/Driving Simulator/Driving Safety
- Helmet Safety
- Home Safety
- Fire Safety
- Fraud Prevention
- Medication Safety
- Mentoring Programs
- Passenger Safety
- Pedestrian safety
- Professional Development in Injury Prevention
- Safe Kids Injury Prevention
- School Safety
- Senior Safety
- Senior Driving Safety
- Senior Fall Prevention
- Sexting
- Sports Safety
- STD Prevention
- Suicide Prevention
- Summer Safety
- ThinkFirst
- Toddler Safety
- Violence Prevention
- Water Safety

Alcohol/Substance Abuse

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Drug Prevention	To discuss the cause of drug abuse and how to prevent it	PRIDE of Newaygo County			http://prideofnewaygocounty.wixsite.com/pride
Alcohol Substance Abuse	To educate patients and offer assistance to promote healthier lifestyles and prevent injuries	Headway Substance Abuse and Prevention Coalition--Newaygo	Kaleigh Buris	231.652.3619	info@headwaynewaygo.org
Alcohol Substance Abuse	Residential Treatment Program	OAR - Chester Ray Center for Men	Jim Stark	616.396.6872	jims@oar-inc.org
Alcohol / Substance Abuse	Residential Treatment Program	OAR – Harbor House for Women	Kella Svoboda	616.355.7095	michaelas@oar-inc.org
Breathewell Coalition	Works to reduce the use of tobacco in Newaygo County	Headway Substance Abuse Prevention Coalition and Spectrum	Caitlin Mitchell-Schucker	231.924.7589	Caitlin.mitchell-schucker@spectrumhealth.org
Support Group	Provide AA, Al-anon, NA, Young at heart support groups	Holland Alano Club		616.396.3111	hollandalano@sbcglobal.net
Drug Free Muskegon County	Works to reduce substance abuse by acting as an organizing body for over 50 community organizations.	Trinity Health Muskegon	Kaitlin Hermanson		Kaitlin.Hermanson@mercyhealth.com

knowsmoke	Reduces the use of tobacco in Muskegon and creates a healthier place for all.	Trinity Health Muskegon	Kaitlin Hermanson		Kaitlin.Hermanson@mercyhealth.com
Freedom from Smoking	Smoking Cessation Program for Adults	MyMichigan Medical Center Clare	Mary Griffore,	989- 246-6388,	www.mymichigan.org/freedomfromsmoking
Project ASSERT	Alcohol & Substance Abuse Services, Education, Referral to treatment Program in the Emergency Department	MyMichigan Medical Center Clare,	Ashley Brenner	(989) 466-3661	ashley.brenner@mymichigan.org
CM CREW (Central Michigan Collegiate Recovery Education & Wellness)	Alcohol & drug education and early intervention services to CMU students	Central Michigan University	Jessica Miller	(989) 774-2739	https://www.facebook.com/CentralMichiganCREW/
N-O-T (Not on Tobacco)	Teen Tobacco & Vaping Cessation Program	MyMichigan Medical Center Clare	Michelle Miller	(989) 466-3378	michelle.miller@mymichigan.org
	<ul style="list-style-type: none"> Alcohol & Substance Use Prevention 				
Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website

Muskegon Alcohol Liability Initiative (ALI)	Reduces underage drinking and alcohol-related injuries in Muskegon County by teaming up with law enforcement and leading education efforts.	Trinity Health Muskegon	Kaitlin Hermanson		Kaitlin.Hermanson@mercyhealth.com
SBIRT	Screening, brief intervention and Referral to Treatment (SBIRT) is an evidence-based approach used at Mercy Health Muskegon to screen for substance use disorders and intervene appropriately.	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com
Alliance for Marijuana Prevention	Focuses on educating the community, parents, and teens about the effects of marijuana use.	Trinity Health Muskegon	Kaitlin Hermanson		Kaitlin.Hermanson@mercyhealth.com

Baby Safety

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Prevention of Child Abuse and Neglect (PCA)	Educating parents and caregivers to prevent child abuse and neglect	Insight Pregnancy Services--Newaygo	Tara Nelson	231.225.2015	http://www.newaygocountyprevention.org/
Safe Sleep	Teach parents about safe sleeping habits for children	Kent County Infant Health Team	Barb Hawkins Palmer	616.632.7281	Barb.hawkins-palmer@kentcountymi.gov
Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website

Maternal and Infant Health Program	Offers support to Pregnant women and infants	Ottawa County Health Department		616.393.5758	www.miOttawa.org/MIHP
Pregnancy and Postpartum HOPEline	Support and resources to pregnant and postpartum parents	Pine Rest		1.844.666.4673	www.pinerest.org/hope
Positive Options	Free pregnancy test and Ultra Sound upon assessment	My Positive Options		616.396.5840 (Holland) 616.842.7510 (Grand Haven) 616.895.1893 (Allendale) 296.686.71111 (Allegan) 800.712.4357 (24/7 partner help line)	www.MyPositiveOptions.org
Mercy Health Home and Child Passenger Safety Class	Teaches parents and caregivers prevention measures that can help protect them from common household hazards. Participants will learn smart parenting skills to keep your child safe.	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com http://hcpsquiz.safekidswestmichigan.org
Safe Sleep	Classroom and community safe sleep education for parents, caregivers and child care providers.	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com

Boating Safety

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Boating Safety	Boating Safety	Newaygo County Safe Kids Collaborative			http://www.newaygocountyc.org
Boating Safety	Boating Safety	Ottawa County Sheriff Department	Eric Westveer		ewestveer@miottawa.org
Boating Safety	Boater's Safety Classes	Muskegon County Sheriff's Office	Dep. John Yax		john.yax@muskegonsheriff.com
Watch Us Go Boating	Kayak Safety Classes	Boys and Girls Club of the Lakeshore	Robin Dennany		rdennany@bgclubmuskegon.com

Bullying Prevention

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email/ website
Bullying Prevention	To bring awareness to students and teachers about bullying	Kentwood Police Department	Officer Jeff Augustyn	616.893.1806	AugustynJ@ci.kentwood.mi.us
Bullying Prevention	To bring awareness to students and teachers about bullying	Michigan State Police	Trooper Marty Miller	616.312.5137	MillerM36@michigan.gov
Bullying Prevention	To bring awareness to students and teachers about bullying	Newaygo County RESA		231.924.0381	https://www.ncresa.org

CPR/First Aid

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email/website
CPR/AED and First Aid training	To provide first aid, CPR and AED training in the community	American Heart Association Instructor	Kyle Fennell	616.808.6516	kyledfennell@hotmail.com
Holland Hospital Health Life Programs – Heartsaver First Aid, CPR, AED & BBP	Provide CPR training for various levels: CPR for family and friends, BLS for health care providers and Heart Saver CPR AED	Holland Hospital	Healthy Life Programs	616.394.3344	https://www.hollandhospital.org/healthylife/classes
Community CPR First aid/ Heartsaver/ Family & Friends CPR Training	Provide first aid and CPR training in the community	North Ottawa Community Health System	John Peot	616-847-5663	jpeot@noch.org

Distracted Driving/ Driving Simulator/Driving Safety

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
inTEXTicated	The inTEXTicated program raises awareness among Muskegon's teen population and encourages teen drivers to end distracted driving	Trinity Health Muskegon	Holly Alway	231-672-4910	alwayh@mercyhealth.com
Driven to Distraction		Trinity Health St. Mary's			

Helmet Safety

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Helmet Bicycle Safety	Classroom and community education, including bike rodeos and helmet fittings.	Helen DeVos Children's Hospital Injury Prevention Program	Kelly Miller Note: bike rodeo supplies are available to borrow.	616.391.7233	Kelley.Miller@spectrumhealth.org or injuryprevention@helendevoschildrens.org
Helmet Bike Safety	Helmet use and bike safety	Newaygo County Safe Kids Collaborative	http://www.newaygocountycc.org		
Ready to Roll	Classroom and community education, including bike rodeos and helmet fittings.	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com
Helmet Bicycle Safety	Classroom and community education, including bike rodeos and helmet fittings	North Ottawa Community Health	Michele Laurino	616.847.4641	mlaurino@noch.org

Helmet Bicycle Safety	Community education & replace damaged helmets as well as provide helmets to those with need	Holland Hospital	Melissa Durfee	616.395.4494	mdurfee@hollandhospital.org
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Home Safety

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Safe at Home	Classroom and community education on home safety topics	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com
Home Safety	Education on assessing home environments and providing families access to home safety products.	Healthy Homes Coalition		616.241.3300	info@healthyhomescoalition.org
TrueNorth Community Services	Emergency Home Repairs	Center for Nonprofit Housing		231.924.0641 ext. 207	https://cnhousing.org/emergency-home-repairs/ info@cnhousing.org

Fire Safety

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Red Cross ??Pillow App	Home safety inspection, install smoke alarms and CO alarms at no cost.		Michael Curtis	616.456.3965	
Burn Injury Prevention and Fire Safety	Burn prevention, fire safety and home safety	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com
Burn Injury Prevention and Fire Safety	Burn prevention, fire safety and home safety	Grand Haven Township Fire Department	Dave Marshall		dmarshall@ght.org

Burn Injury Prevention and Fire Safety	Burn prevention, fire safety and home safety	City of Grand Haven Public Safety	James Kibart or Nichole Hudson (schools)		jkibart@grandhaven.org nhudson@grandhaven.org
Home Fire Safety	Fire prevention in the home	Holland Fire Department	Bret Groendyke		B.Groendyke@cityofholland.com
Newaygo Fire Department	Fire Safety	Newaygo Fire		231.652.7788	https://www.newaygofire.com/fire-

Medication Safety

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Medication Disposal boxes	Safely dispose of unused medications	Headway Substance Abuse and Prevention Coalition--Newaygo	Katherine Mater	231.652.3612	info@headwaynewaygo.org
Muskegon Area Medication Disposal Program (MAMDP)	Proper disposal of medication: Take Back Day, disposal locations.	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com
OTC Medication Safety	Education focused on safe storage, proper dosing and preventing accidental overdoses	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com
Drug Take Back	Safely dispose of unused medications	St. Mary's			
Drug Take Back		MetroHealth			
Drug Take Back		SH Ludington with CMH and Ludington Police	TPC (open)		

Mentoring Programs

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Mentoring Programs on Injury Prevention and Safety	To teach essential life/social skills and safety education	TrueNorth TrueMentors Program--Newaygo		231.924.0641 Ext 109	cclark@truenorthservices.org

Passenger Safety

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Child Passenger Safety	Child Passenger Safety Education & Community Fitting Stations	Helen DeVos Children's Hospital Injury Prevention Program/Safe Kids Greater Grand Rapids	Kelley Miller	616.391.7233	kelley.miller@spectrumhealth.org www.helendevoschildrens.org/injuryprevention
Child Passenger Safety	Child Passenger Safety education & community Fitting Stations	Newaygo County Safe Kids Collaborative			http://www.newaygocountycc.org
Safe Kids West Michigan Buckle Up	Child Passenger Safety Education & Community Fitting Stations	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com

CarFit	CarFit is an educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them, enhance their safety as drivers, and/or increase their mobility.	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com
Lakeshore Traffic Safety Network	Collaborative group working to strengthen relationships, share best practices and promote education and involvement in problem identification and traffic safety solutions	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com

Pedestrian Safety

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Walk this Way	Classroom and community education on safe pedestrian and driver behaviors.	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com

Safe Kids Injury Prevention

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
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Safe Kids Greater Grand Rapids	Educational programs, materials and programs for children ages 0-14 years with efforts focused in Kent and Ottawa Counties.	Helen DeVos Children's Hospital Injury Prevention Program	Kelley Miller	616.391.7233	Kelley.Miller@spectrumhealth.org or injuryprevention@helendevoschildrens.org
Safe Kids West Michigan	Educational programs, materials and programs for children ages 0-14 years with efforts focused in Muskegon, Oceana, Mason and Lake counties..org or www.facebook.com/safekidswestmichigan	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com www.safekidswestmichigan.com www.facebook.com/safekidswestmichigan

School Safety

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Holland Hospital School Nurse Program	Ensure health and wellness of future generations	Holland Hospital	Hendrina Cupery	616.394.3414	cupery@hollandhospital.org

Senior Safety & Crime Prevention

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Senior Safety	Programs for prevention and treatment of elder abuse, neglect and exploitation	Kent County Elder Abuse Coalition		616.456.5664	http://www.protectkentseniors.org/
Senior Safety	Caring services that enhance the quality of life and support the independence of adults who are 60 and over.	Commission on Aging--Newaygo		231-689-2100	https://www.newaygocounty.mi.gov/departments/commission-on-aging/commission-on-aging/
Matter of Balance	Senior Fall Prevention class offered year-round in Muskegon	Mercy Health Muskegon	Holly Alway	231-672-4910	alwayh@mercyhealth.com

Safer Seniors		Spectrum Health Butterworth and Grand Rapids Police Department	Meaghan Crawley	616-391-8641	Meaghan.Crawley@spectr umhealth.org
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Older Adult Fall Prevention

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Fitness and Fall Prevention	Fall prevention – Mater of Balance, TaiChi, Enhanced Fitness	Area Agency on Aging -Grand Rapids		(616) 588-2580 (888) 456-5664	https://www.aaawm.org/HA or healthyaging@aaawm.org
Healthy Aging	Enhanced fitness, yoga	Senior Neighbors Grand Rapids		(616) 233-0283	https://seniorneighbors.org/services/healthy-aging/
No Falls Day	Senior Fall Prevention	Trinity Health St. Mary's			
Healthy Aging and Fall Prevention	Strengthen and Balance classes Aging Well exercise	Commission on Aging--Newaygo		(231) 689-2100	https://www.newaygocounty.mi.gov/departments/commission-on-aging/commission-on-aging/
Matter of Balance	Learn to view falls as controllable, set goals for increasing activity levels, reduce fall risk	Evergreen Commons, Holland	Amy Vandepoel	616-355-5118	https://www.evergreencommons.org/

Sports Safety

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Safe Kids Sports Safety	Educational sessions or displays on concussions, hydration and overuse.	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com

STD Prevention

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
STD'S and HIV	To educate on ways and reasons to protect themselves and their partners	District Health Department #10— Newaygo www.dhd10.org/		888.217.3904 option #2 231.689.7300	

STI testing	STD Prevention	Ottawa County Health Department		616.396.5266	kwieghmink@miottawa.org
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Stop the Bleed

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Stop the Bleed Classes	To train first responders and community members how to identify life-threatening bleeding and bleeding control techniques	Trinity Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com
Stop the bleed Classes	To train first responders and	North Ottawa Community Health System	Michele Laurino	616.847.4641	mlaurino@noch.org
		SH Ludington Hospital	TPC - open		
Stop the Bleed	To train first responders and community members how to identify life-	University of Michigan Health-West	Jenna Heraghty	616.252.5145	jenna.heraghty@umhwest.org
Stop the Bleed		Spectrum Health Butterworth Hospital	Adair McIntyre	(616) 204-8430	Adair.Mcintyre@spectrumhealth.org
Stop the Bleed	To train first responders and community members how to identify life-threatening	Holland Hospital	Melissa Durfee	616-395-4494	mdurfee@hollandhospital.org

Suicide Prevention & Mental Health

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Suicide Prevention and mental health services	Mental health and suicide prevention	Community Mental Health—Newaygo County		231.689.7330	https://www.newaygocmh.org
Suicide Prevention and mental health services	Mental health and suicide prevention	Community Mental Health—Mason County			www.wmcmhs.org
Suicide Prevention	To discuss suicide, suicide prevention research and what people can do to fight suicide	Headway Substance Abuse and Prevention Coalition--Newaygo	Katherine Mater	231.652.3619	info@headwaynewaygo.org
Helpline – 24 hour crisis intervention	Counseling and Mental Health Emergencies	Community Mental Health of Ottawa County		616.396.4357 (Zeeland / Holland) 616.842.4357 (Grand Haven / Spring Lake)	
Safe Talk	SafeTALK half-day alertness training. Prepares anyone 15 or older, to become a suicide-alert helper.				

Technology

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email or Website
Protect Young Eyes	Help families teach their kids how to use technology responsibly. Through a constantly updated website, bi-weekly newsletter, and live presentations at schools and churches, we inform parents about the latest digital issues, including social media, gaming, screen time, online pornography, predators, digital depression, anxiety, etc.		Chris McKenna		chrism@protectyouneyes.com www.protectyouneyes.com

ThinkFirst/Distracted Driving

ThinkFirst's Mission is to prevent brain, spinal cord and other traumatic injuries through education, research and advocacy. ThinkFirst is your source for:

- Theory-based, evidence-based injury prevention programs for all grade levels
- Compelling educational presentations: use the 'Chapters' tab to find a ThinkFirst Chapter near you
- Injury prevention facts
- Educational materials and resources
- ThinkFirst chapter training
- Injury prevention involvement: speaker, volunteer and support opportunities

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Think First Distracted Driving	Education on preventing distracted driving crashes	SH BWH	?Adair		
Think First Distracted Driving		SH Ludington	TPM (open)		

Toddler Safety

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Prevention of Child Abuse and Neglect	Teach parents and caregivers the basic injury prevention practices necessary to keep their toddler safe	Great Start Collaborative—Newaygo	Karen Clark	231.652.3604	kclark@ncresa.org

Violence Prevention

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
**Child Abuse Training Services Program Program includes: Drug Endangered Children	Provides professionals with information about suspected or alleged sexual or physical abuse, neglect and the training of Forensic Interviewing.	N/A	Prosecuting Attorney's Association of Michigan	517.334.6060	https://michiganprosecutor.org/pr ograms/child-abuse-training-services
Prevention of Child Abuse and Neglect	To illustrate meaninglessness of gun violence for youth ages 10-25	Wise Against Violence (WISE)—Newaygo	Senaida Hudson	231.796.6600	shudson@wiseagainstviolence.org
Prevention of Child Abuse and Neglect (PCA)	To Prevent Child Abuse and Neglect through education child advocacy, collaboration, and direct service	Newaygo County Prevention www.newaygocountyprevention.org/	Jill Mikula, Board Chair	231.689.5223	ncpca.jmikula@gmail.com
CRASE-Civilian Response to Active Shooter	Train first responders and civilians in active shooter response	Ottawa County Sheriff	Chris Koster		ckoster@miottawa.org
CRASE-Civilian Response to Active Shooter Events	Train first responders and civilians in active shooter response	Grand Haven City Public Safety	Clint Holt		cholt@grandhaven.org

Water Safety

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Water Safety	Safety in and around water	Helen DeVos Children's Hospital Injury Prevention Program	Kelley Miller	616.391.7233	Kelley.Miller@spectrumhealth.org or injuryprevention@helendevoschildrens.org
Water Safety	Safety in and around water	Newaygo County Safe Kids Collaborative	http://www.newaygocountycc.org		
Water Safety	Classroom and community education. Includes Great Lakes Beach Safety class, life jacket loaner program and beach rescue boards.	Mercy Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com
Water and Boating Safety		Mason County Water Safety Consortium	Water safety contact Liz Reimink Life Jacket Stations contact: TPC at Ludington (open)	231.845.5911	lreimink@masoncounty.net

** The Child Abuse Training Services Program (CATS) mission is to promote multidisciplinary expertise in the prevention and management of child abuse by providing professionals with up-to-date information about suspected or alleged sexual or physical abuse, neglect and the training of Forensic Interviewing. Together we can make a difference.

The CATS Program is available to assist your office by conducting specialized training for prosecutors, assistant prosecutors, law enforcement and child abuse professionals in many areas including, (but not limited to) the following topics:

Other

Program	Purpose	Hospital or Partner Name	Contact Name	Phone Number	Email / website
Heatstroke Display	Large scale display showing temperature inside and outside of vehicle. Includes posters to encourage Avoid Heatstroke, Create a Reminder and Take Action (ACT)	Mercy Health Muskegon	Holly Alway	231.672.4910	alwayh@mercyhealth.com