



Lesson Plan: Environmental Emergencies

Topic: Environmental Emergencies

Presenter: West Michigan Regional Medical Consortium CE Sponsor Program

Location: West Michigan Regional Medical Consortium CE Sponsor Locations

Credit Category: Medical **Specific Topic:** Environmental Emergencies

License Level: MFR, EMT, SPEC, MEDIC

Credits: 1

Format: 1 hour lecture

Objectives: At the conclusion of this CE session, the participants will be able to:

Cognitive

1. Describe frostbite
2. Define Near Drowning
3. Define Drowning
4. Describe Hypothermia

Psychomotor

N/A

Affective

N/A

Outline for Lecture Presentation:

1. Introductions and Course Overview
2. Review the protocols
3. State the body's normal baseline average vital signs including body temperature
4. Signs and symptoms of Heat Cramps. Heat exhaustion and Heat stroke
5. List appropriate treatment for heat cramps, heat exhaustion and heat stroke
6. Signs and symptoms of Hypothermia
7. List the appropriate treatment for hypothermia and frostbite
8. Identify the rules for water rescue in regard for the safety of rescuers and victims

Student Evaluation Method: No formal evaluation of participants will occur.

Evaluation of Presentation: Continuing Education Program Sponsor Evaluation Form will be filled out by all participants.