



**Lesson Plan: B.E.F.A.S.T. & Stroke Assessment**

**West Michigan Regional Medical Consortium**

<b>Topic:</b>	B.E.F.A.S.T. & Stroke Assessment
<b>Presenter:</b>	West Michigan Regional Medical Consortium Education Staff
<b>Location:</b>	West Michigan Regional Medical Consortium CE Sponsor Locations
<b>Credit Category:</b>	Medical
<b>License Level:</b>	MFR, EMT, SPEC, MEDIC
<b>Credits:</b>	2

**Objectives:** Upon completion of this CE, the participants will be able to:

**Cognitive**

1. Describe the different types of stroke
2. Explain each component of the B.E.F.A.S.T. acronym
3. Review the components of a patient assessment
4. Recognize the importance of rapid stroke assessment and identification
5. Review local B.E.F.A.S.T. and stroke protocols for appropriate license level

**Psychomotor**

1. Participants will perform a full stroke assessment on an adult patient using at least 3 of the following scenarios:
  - a. 67 yr. old Female with slurred speech
  - b. 83 yr. old Male decreased LOC and right sided weakness
  - c. 29 yr. old Male left sided weakness, slurred speech
  - d. 45 yr. old Female stating she feels funny
  - e. 54 yr. old diabetic Female with the worst headache ever
2. Identify any and all symptoms presented by the patient in each scenario.
3. Identify pertinent negatives, and rule out stroke mimics.

**Student Evaluation Method:** Evaluation will be done throughout the lesson through classroom discussion and participation. Optional Method: Make use of the NREMT Medical Assessment checklist when evaluating.

**Evaluation of Presentation:** Continuing Education Program Sponsor Evaluation Form will be filled out by all participants.

**Rationale for Presentation:** Rapid identification of a stroke is extremely important with such a time critical emergency. Increased knowledge will lead to earlier identification and an improved level of patient care.